

Wraparound process



Phase One: Engagement and Team Preparation

Phase Two: Initial Plan Development

Phase three: Plan Implementation

Phase Four Transition

Phase 1

The Engagement and Team Preparation

Using the wraparound principles, the engagement and team preparation phase is where the **groundwork for trust begins.**

When I speak of trust this includes families, all team members and any one connected to the familybut we start with the **family.**

Let's begin.....

- Set a convenient time and place to meet with the family.
- Explain the wraparound philosophy to the family.
- Listen to the family's concerns, identify/prioritize needs.
- Help the family identify their **strengths** and natural supports.
- Along with the team facilitator help the family develop a list of team members to invite to a CFT. (prioritize team members with family).
- Set location, date and time to hold the initial CFT.
- Develop a crisis plan with the family (make a list: names and contact information (when/who to call). Leave the list with the family).

PHASE 2

INITIAL PLAN DEVELOPMENT

During this phase, using the wraparound principles, the team creates an initial plan of care. While developing this plan, it is especially important that the family feels that **they are heard**, that the **needs chosen are truly the ones THEY want to work on**, and that the options chosen really do have a reasonable chance of helping them meet these needs.

DEVELOP AN INITIAL PLAN OF CARE: Goal, to create a plan of care, using the team process that elicits multiple perspectives and ideas, while using the wraparound principles.

1. Determine ground rules.
2. Go over family's strengths.
3. Create a team mission.
4. Update safety plan.
5. Describe and prioritize need/goals.
6. Determine goals, outcomes and indicators for each goal.
7. Discuss/select strategies for meeting needs and achieving outcomes.
8. Assign tasks to team members. (Action steps on the family plan)
9. Schedule next meeting.

PHASE 3

Plan Implementation

At the CFT meeting a plan of care was created by the team, during phase 3 we start the implementation of the plan.

Steps to implement the plan:

1. Implement action steps for each strategy
2. Track progress on action steps
3. Evaluate the success of strategies
4. Celebrate successes
5. Revisit and update the plan
6. Maintain/build team cohesiveness and trust
7. Complete necessary documentation and logistics



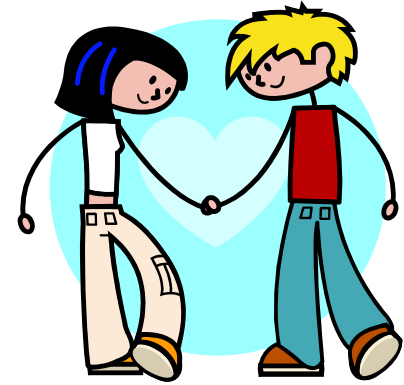
REVIEW OF PHASE 3

At the next CFT meeting, we do four things:

- Review our accomplishments (what went well)
- Assess whether our plan has been working and have we achieved our goals?
- Adjust/modify things that are not working.
- Assign new tasks to team members.

Phase 4 Transition

During this phase, plans are made to transition out of formal wraparound to a mix of formal and natural supports in the community. The purpose being to support the family in maintaining the positive outcomes they have achieved.



To plan for cessation of formal wraparound :

1. Create a transition plan.
2. Create a post-transition crisis management plan.
3. Modify wraparound process to reflect transition
4. Document the team's work
5. Celebrate success
6. Check in with the family